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Characterization of lymphangiogenesis in a model of adult skin regeneration

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Rutkowski, Joseph M., Kendrick C. Boardman, and Melody A. Swartz. Characterization of lymphangiogenesis in a model of adult skin regeneration. Am J Physiol Heart Circ Physiol 291: H1402–H1410, 2006. First published April 28, 2006; doi:10.1152/ajpheart.00038.2006.—To date, adult lymphangiogenesis is not well understood. In this study we describe the evolution of lymphatic capillaries in regenerating skin and correlate lymphatic migration and organization with the expression of matrix metalloproteinas (MMPs), immune cells, the growth factors VEGF-A and VEGF-C, and the heparan sulfate proteoglycan perlecan, a key component of basement membrane. We show that while lymphatic endothelial cells (LEC) migrate and organize unidirectionally, in the direction of interstitial fluid flow, they do not sprout into the region but rather migrate as single cells that later join together into vessels. Furthermore, in a modified “shunted flow” version of the model, infiltrated LEC fail to organize into functional vessels, indicating that interstitial fluid flow is necessary for lymphatic organization. Perlecan expression on new lymphatic vessels was only observed after vessel organization was complete and also appeared first in the distal region, consistent with the directionality of lymphatic migration and organization. VEGF-C expression peaked at the initiation of lymphangiogenesis but was reduced to lower levels throughout organization and maturation. In mice lacking MMP-9, lymphatics regenerated normally, suggesting that MMP-9 is not required for lymphangiogenesis, at least in mouse skin. This study thus characterizes the process of adult lymphangiogenesis and differentiates it from sprouting blood angiogenesis, verifies its dependence on interstitial fluid flow for vessel organization, and correlates its temporal evolution with those of relevant environmental factors.

lymphatic; vasculogenesis; interstitial fluid flow; matrix metalloproteinase-9; perlecan

ADULT LYMPHANGIOGENESIS is an important process that occurs in wound healing and may play a role in lymphedema and cancer metastasis. Increasingly, the importance of lymphatic biology is being realized, and many key advances in the field have recently emerged, particularly in the identification and characterization of key molecular regulators of lymphangiogenesis (2, 28). Through the analysis of gene expression in embryonic development, for example, the control of the lymphatic endothelial cell (LEC) phenotype by Prospero-homeobox-1 (Prox 1) (42) and the requirement of neuropilin-2 (43) and podoplanin (31) expression by LECs in embryonic lymphatic vessel formation have been established. VEGF receptor-3 (VEGFR-3) (16) and its ligands VEGF-C (12, 14, 26) and VEGF-D (1) have been well established as critical for both embryonic and adult lymphangiogenesis, although VEGF-3 ligation may not be required for lymphatic vessel maintenance (29). Developmental and mechanistic studies of these factors and others, including angiopoietin-1 (40) and -2 (7), are continuing to elucidate the molecular underpinnings of lymphangiogenesis.

Despite this emerging knowledge, lymphangiogenesis in adult tissues is not adequately understood. Regulators of developmental lymphangiogenesis may not necessarily have the same relevance in adult lymphangiogenesis or lymphatic regeneration, particularly considering that many of these factors play multiple roles in early development of both blood and lymphatic vessels before becoming specific to one type of endothelial cell in adulthood (28). Furthermore, many studies of adult lymphangiogenesis utilize models in which lymphatic growth is induced by orthotopic human tumor xenografts in mice (2) or by exogenous stimulation in alymphatic tissues (5, 20), which may not accurately reflect physiologically relevant situations.

We recently developed a mouse model of adult lymphangiogenesis in regenerating skin and used it to demonstrate the role of interstitial flow in lymphangiogenesis (4, 39). In this model, a small circumferential band of skin is removed from the middle of the tail, fitted with a gas-permeable silicone sleeve, and filled with collagen. The collagen provides a scaffold for tissue regeneration that is initially cell-free, allowing the infiltration of immune cells and ingrowth of blood and lymphatic vessels to be tracked both spatially and temporally as the tissue regenerates. Furthermore, the silicone sleeve keeps the wound moist and intact and prevents granulation; indeed, the regenerated skin is virtually identical to native skin except for the absence of hair follicles that do not regenerate. Importantly, the collagen scaffold serves as a fluid bridge for the one-way interstitial convection of lymph fluid between the distal and proximal halves of the tail. In other words, because lymph always flows from the tip of the mouse tail toward the body, interstitial fluid flow through the regenerating region will always be unidirectional.

We previously used this model to demonstrate that interstitial flow plays an organizational role in lymphangiogenesis, specifically showing that lymphatic capillaries develop in the direction of lymph flow. We had hypothesized that flow was necessary to create fluid channels in the regenerating region into which LECs migrate and organize into lymphatic vessels. This model was also used to demonstrate that although complete inhibition of lymphangiogenesis in regenerating skin could be achieved by systemic delivery of mF4-31C1, a VEGFR-3 blocking antibody (29), excess VEGF-C in the regenerating region could not enhance physiological lymphangiogenesis (9). This model has thus proven useful for studying the effects of established biochemical cues on lymphatic regeneration.

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Here we characterize the process of lymphangiogenesis in the regenerating skin model to assess relative timing, distribution, and importance of some potential key regulating factors relative to lymphatic growth. Specifically, we examine lymphatic growth and morphology at early (1, 3, 5, 7, and 10 days) and later (17, 25, and 60 days) time points in the regeneration process and correlate temporally the presence of VEGF-C, VEGF-A, the heparan sulfate proteoglycan (HSPG) perlecan (a key component of basement membrane), matrix metalloproteinases (MMPs), and immune cells to lymphatic growth and morphology. We demonstrate that lymphatic regeneration occurs via single LECs migrating with interstitial fluid flow and, later, after populating the region, coalescing into vessels. We also provide further evidence that interstitial fluid flow is necessary for LEC organization using a shunted flow modification of our model. We show that VEGF-C expression is decreased as the lymphatic vessels become connected and functional, at which time a discontinuous perlecan expression pattern begins to become present on the lymphatics. Also, our data suggest that MMP-9 may not be important in adult dermal lymphangiogenesis and support previous observations that macrophages may play a critical role (20).

**MATERIALS AND METHODS**

**Animal and sample preparation.** All studies utilized 6–8 wk old female BALB/c mice (Charles River); 3–5 mice were used at each time point. Mice were anesthetized with an intraperitoneal injection of ketamine (65 mg/kg), xylazine (13 mg/kg), and acepromazine (2 mg/kg). An analgesic, butorphenol (0.05 mg/kg), was administered subcutaneously twice daily for three days after the procedure. All protocols were approved by the Veterinary Authorities of the Canton Vaud according to Swiss law (protocol no. 1687).

Mice were prepared as described previously (4). Briefly, a 2-mm-wide circumferential band of dermal tissue was excised midway up the tail. The area was then covered with a gas-permeable silicone sleeve and filled with type I rat-tail collagen (BD Pharmingen, San Jose, CA). The sleeve was secured with Nexaband adhesive (Abbott, Abbott Park, IL) at the proximal edge. Mice were euthanized at specified times from 1–60 days after the procedure. Additionally, to test the hypothesis that interstitial fluid flow is necessary for lymphatic organization, a modified “shunted flow” model was prepared in three mice. In this modified model, a 2-mm-square excision was made instead of a circumferential excision, allowing for lymph to circumvent around the regenerating region through existing lymphatics in the intact tissue (Fig. 1).

After the animals were euthanized, a section of tail 8 mm long (containing the regenerating region along with some native distal and proximal tissue) was removed and flash frozen in liquid N2. Tissue samples were transversely cryosectioned into 12- and 60-μm-thick sections and stored at −80°C until immunostaining.

To further examine the role of MMP-9 in this model, MMP-9-deficient mice on an FVB/NJ background, along with wild-type controls, were obtained (FVB.Cg-Mmp9<sup><s>-/-</s>/J; Jackson, Bar Harbor, ME). Nine female mice at 6 wk of age from the MMP-9-deficient strain and nine female FVB/NJ controls were prepared as described. Three mice from each group were euthanized at 17, 25, and 60 days.

**Microlymphangiography.** Mice were anesthetized as above, and the regeneration of the lymphatic vasculature was examined by fluorescence microlymphangiography (4, 38). A fluorescently labeled macromolecule, 2,000-kDa fluorescein-conjugated dextran, 2 mg/ml; Molecular Probes, Carlsbad, CA) was injected intradermally at a constant pressure of 45 cm of water into the tip of the tail. As the fluorescent tracer was picked up and transported by the lymphatic vessels, it was clearly visible within dermal lymphatic capillaries, thus providing a clear visualization of lymphatic functionality. The lymphatic vasculature was monitored with a Zeiss Axiosvert 200M fluorescence microscope and Zeiss MRm camera.

**Immunofluorescence and immunohistochemistry.** To visualize blood endothelial cells (BECs) and LECs, both thin (12 μm) and thick (60 μm) sections were costained with primary antibodies to the lymphatic vessel endothelial hyaluronan receptor (LYVE-1; 1:500; rabbit polyclonal; Upstate, Charlottesville, VA) and endothelial cell marker CD31 (1:200; rat polyclonal; BD Pharmingen). Although CD31 has an affinity for lymphatics, costaining eliminated any discrepancy in identifying BECs from LECs. For immune cells and MMPs, thin (12 μm) sections were labeled using the following anti-mouse antibodies: the leukocyte-common CD45 (1:100; rat monoclonal; BD Pharmingen), the macrophage-specific surface marker F4/80 (1:50; rat monoclonal; Serotec, Raleigh, NC), the Langerhans dendritic cell protein langerin (1:50; goat polyclonal; Santa Cruz Biotechnology, Santa Cruz, CA), MMP-2 (1:25; goat polyclonal; R&D Systems, Minneapolis, MN), MMP-8 (1:100; goat polyclonal; Santa Cruz Biotechnology), MMP-9 (1:400; rabbit polyclonal; Chemicon, Temecula, CA), or MMP-13 (1:500; goat polyclonal; Chemicon). The heparan sulfate proteoglycan perlecan was also stained (1:500; rat monoclonal; US Biological, Swampscott, MA) together with LYVE-1. These antibodies were detected with Alexafluor 488 or 594-conjugated donkey, rabbit, and goat IgG secondary antibodies (1:200, Molecular Probes), counterstained with 4′,6-diamidino-2-phenylindole dihydrochloride (DAPI; Vector, Burlingame, CA). Thin sections were observed and imaged under a Zeiss Axiovert 200M fluorescence microscope with an Axiozoom MRm camera. Confocal stacks of thick (60 μm) sections were scanned with the use of a Zeiss LSM 510 Meta confocal microscope, and maximum projections were generated for presentation.

VEGF-A and VEGF-C were labeled immunohistochemically. Sections were first fixed in 4% paraformaldehyde, blocked against endogenous biotin and avidin (Biotin Blocking System, Dako, Carpinteria, CA), and then labeled with VEGF-A (1:50; rabbit polyclonal;
Among all of the time points, regeneration to determine whether there were significant differences, a single-factor ANOVA was performed on expression during regeneration. Additionally, it was initially free of LECs and remained so through day 60, when functional and continuous lymphatic capillaries appeared normal, that the distribution of LECs was uniform throughout the regenerating region (P = 0.4 comparing distal vs. proximal).

To further explore whether interstitial flow is necessary for lymphatic organization, mice were prepared with a square regenerating region (as opposed to the circumferential model), which allows lymph flow to be circumvented around the implanted collagen gel in the intact lymphatic vessels. Unlike the circumferential collagen implant, where distal lymph must flow interstitially through the regenerating region to be picked up by functional lymphatics on the proximal side, lymph need not flow through the high-resistance regeneration zone in the square model because the intact surrounding lymphatic vessels provide a lower resistance to flow. Although this relative lack of directional interstitial flow did not inhibit reepithelialization or blood angiogenesis, we found that LECs failed to organize into a connected, functional lymphatic network in this shunted flow region (Fig. 1), demonstrating that interstitial fluid flow is necessary for functional lymphatic capillary organization.

Conversely, blood vessel regeneration was independent of the interstitial flow direction. Blood vessels initially appeared to sprout from the deeper, larger blood vessels underneath the regenerating region (near the bone) at day 7, and at day 10, sprouts were seen equally from distal and proximal edges as well (Fig. 2B). By day 17, blood vessels were present throughout the region. In the square shunted flow model, blood vessel regeneration was indistinguishable from that seen in the circumferential model (data not shown), as was reepithelialization of the collagen gel.

Lymphatic morphogenesis: coalescing rather than sprouting. Confocal microscopy of 60-μm sections revealed that in contrast to sprouting, LECs migrated as single cells (sometimes coalescing into small groups of cells) in the direction of interstitial flow and, after sufficiently populating the region, later organized into vessels. LECs were generally absent from the regenerating region until day 10 when individual LECs or small groups were seen migrating into the distal half of the region (Fig. 3A). By day 17, multicellular groups or ducts were present (Fig. 3B) but were not connected to other groups. LECs predominantly began to organize in a fashion reminiscent of vasculogenesis by day 25. At this time, LECs in both the distal and proximal halves were already organized into vessel structures (Fig. 3C). At day 60 (Fig. 3D) the regenerating region had a complete lymphatic vasculature, the morphology of which appeared similar to that of native vessels (Fig. 3E). In contrast, during concurrent blood angiogenesis, new blood vessels sprouted directly from the existing native vasculature. Thus, by migrating as single cells in the direction of interstitial flow and then later coalescing into individual short vessel fragments and eventually into an interconnected capillary network, LEC organization into vessels was more reminiscent of vasculogenesis than of sprouting angiogenesis.

Development of basement membrane after lymphatic organization. Past analysis of endothelial cell basement membrane composition has shown that the predominant HSPG in the basement membrane of mature blood vessels is perlecan (33). This HSPG, produced in varying degrees by all endothelial cells (41), is essential for developmental vasculogenesis in mice (13) and is expressed during angiogenesis (34) and after vessel injury (15). Although lymphatic capillaries have a discontinuous basement membrane (37), it is not known at what
Fig. 2. Lymphatic regeneration occurs in direction of interstitial flow as shown by maximum projections of confocal scans. A: at 7 days, regenerating region (marked by yellow dashes) is free of LECs, but blood vessels (red) appear to sprout from deeper vessels (open arrows). B: at day 10 (or d10), very few LECs (green marked by arrowheads) are seen, whereas blood vessel sprouting is present in all directions. C: at day 17 (or d17), LECs (green) are seen in higher numbers in distal end of regenerating region, and more organization (arrows) is also seen in distal end. LECs in proximal half mostly remain as single cells. Blood vessels are present throughout regenerating region. D: at day 60 (or d60), LECs are present throughout regenerating region and organized into an interconnected network, similar to that seen in native skin (white arrow). Note the overall contraction of regenerating region over time. Bar = 300 μm. E: quantification of total LECs in regenerating region confirms that LEC infiltration begins around day 10, is drastically increased at day 17, and is mostly complete by day 25 (or d25). F: relative distribution of LECs in distal vs. proximal halves of regenerating region verifies qualitative observations that migration is primarily occurring from distal end. Through day 40 (or d40), relative number of LECs in distal half is consistently and significantly greater than that in proximal half. By day 60, LEC distribution is normalized. *P < 0.05.
stage during lymphangiogenesis it develops. Using confocal microscopy on 60-μm sections, we observed perlecan colocalization with lymphatic vessels in regenerating skin only after organization had occurred, at day 25 and day 60 (Fig. 3). Furthermore, its expression followed the spatial pattern of vessel formation and organization. At early times, before vessel organization was seen (day 10 and day 17), perlecan expression was limited to new blood vessels. At day 25 (Fig.

![Fig. 3](link-to-image)

Fig. 3. Lymphangiogenesis as a process of cell migration and subsequent organization, rather than sprouting, with basement membrane developing after vessels become functional. Maximum projections of confocal scans are shown. A: at day 10, regenerating region is mostly free of LECs (green) with only a few LECs (arrowheads) present near distal end. Basement membrane proteoglycan perlecan (red) is readily detected on blood vessels. B: at day 17, LECs are present throughout entire regenerating region and organized into discrete and separate multicellular structures. Perlecan expression is not seen to be colocalized with any of these structures, indicating that basement membrane is absent in these primitive structures. C: at day 25, lymphatic organization is extensive and nearly complete. Perlecan is detected only on lymphatic vessels in distal half of regenerating region (arrows). D: by day 60, discontinuous perlecan staining pattern is present on nearly all lymphatic vessels (arrows), although staining is visibly stronger in distal half. E: lymphatic capillaries in native skin show strong perlecan staining. LYVE-1, lymphatic vessel endothelial hyaluronan receptor; HSPG, heparan sulfate proteoglycan. Bar = 50 μm.
when significant organization of LECs into vessels was underway, some lymphatic structures in the distal half were perlecan positive, whereas those in the proximal half were not. By day 60 (Fig. 3D), nearly all lymphatic vessels in the distal half were colocalized with perlecan, but in the proximal half where some vessels were still forming, perlecan expression appeared more sporadically. In normal intact skin, the lymphatic capillaries strongly expressed perlecan (Fig. 3E). Thus, because the HSPG perlecan identifies basement membrane on regenerating lymphatic vessels and appears only after vessel organization has occurred, it may be indicative of lymphatic vessel maturation. Additionally, its initial appearance only on distal vessels further demonstrates the directionality of both LEC migration and lymphatic organization in this model.

Early VEGF-A and VEGF-C upregulation. Expression of VEGF-A and VEGF-C was highest during the initiation of both blood and lymph angiogenesis. VEGF-A expression (Fig. 4) appeared to be highest at day 5, slightly preceding observable blood angiogenesis. These differences in expression, however, were not statistically significant. VEGF-C expression (Fig. 4) was highest before, and during the initiation of, lymphangiogenesis (days 3–10). This expression was significantly higher at days 3–10 than at days 17 and 25 (P = 0.033). These expression profiles suggest that heightened expression of both VEGF-A and VEGF-C signaling might be most important in early (i.e., initiation) rather than later (i.e., organization and maturation) stages of vasculogenesis and lymphangiogenesis, consistent with their known functional roles (6, 28).

MMP expression. MMPs known to be upregulated in murine wound healing, specifically MMP-2, -8, -9, and -13 (3, 18, 19), were examined to determine their transient relationship to lymphatic regeneration. Our results suggest that only MMP-9 and -13 were significantly elevated in the regenerating region compared with normal control skin (P = 0.006 and 0.001, respectively), although the expression of MMP-2 was almost significantly higher during regeneration than in control tissue (P = 0.056) and appeared to peak at day 17 (Fig. 4). MMP-2 and -9 play important roles in extracellular matrix remodeling.
endothelial cell migration (10, 11, 24), and vasculogenesis (17, 24); we found that MMP-2 expression (Fig. 4) increased after day 10, concurrent with blood angiogenesis and at the initiation of lymphangiogenesis. Surprisingly, MMP-9 expression was very low after day 7, so its link to endothelial cell migration might be more important for blood angiogenesis but not critical to lymphangiogenesis. MMP-13 has been demonstrated to play a critical role in blood neovascularization (44) in conjunction with macrophages, which help induce angiogenic sprouting by using MMPs to extravasate from blood vessels (23). MMP-13 expression appeared to peak early, by day 7, thus preceding elevated macrophage numbers in the regenerating region (below). Although a role in blood neovascularization has been established (44), it is possible that MMP-13 activity is only critical for revascularization by mechanisms dependent on sprouting from the existing vasculature. MMP-8 expression was very low at all times in the regenerating tissue, despite other observations that it is upregulated in dermal wounds by neutrophils (25).

To examine the hypothesis that MMP-9 is not necessary for adult dermal lymphangiogenesis, we examined lymphatic regeneration in transgenic mice lacking MMP-9. The regenerating regions of these MMP-9-deficient mice were stained for LECs and BECs at day 17 and day 60. There were no observable differences in the extent or morphology of either lymphatic or blood vessels in the regenerating region of these mice compared with matched wild-type control mice (Fig. 5A). Additionally, the number of LECs identified in the regenerating region at day 17, a critical time point in regeneration, was the same between the MMP-deficient mice and matched wild-type controls ($P = 0.48$) (Fig. 5B). This is not inconsistent with other reports that showed minimal differences in blood angiogenesis in MMP-9-deficient mice (21, 27). It has been suggested that MMP-2 might have a more crucial role than MMP-9 in retinal angiogenesis (27) and that synergy between MMP-2 and -9 is essential for tumor vascularization (21); our data suggest that MMP-2 might be more important in lymphangiogenesis, at least in regenerating mouse skin, than MMP-9.

The temporal expression patterns of each of the MMPs surveyed correlated with the results of other wound healing studies (18, 19, 25, 30). Although it was not possible to define the exact role of each MMP due to its release by many cell types, including infiltrating immune cells, keratinocytes, and endothelial cells, as well as potentially overlapping and/or redundant roles in many different components of the skin regeneration process, our data demonstrate that, in terms of timing, MMP-2 was the most closely correlated to the onset of lymphangiogenesis and that lymphangiogenesis appeared normal in MMP-9 null mice.

**Immune cell infiltration.** Macrophages and dendritic cells, as antigen-presenting immune cells, utilize lymphatic vessels in adaptive immunity and may be involved in lymphangiogenesis (20); furthermore, macrophages both secrete VEGF-C (32) and chemotact a VEGF-C gradient (35). We found that macrophage numbers were much higher during regeneration ($P = 0.001$) and peaked during LEC migration and organization at days 17–25 ($P = 0.058$), hinting that macrophages may contribute to lymphangiogenesis as it does in blood angiogenesis (22) and consistent with recent findings that macrophages are necessary in inflammation-induced corneal lymphangiogenesis (20). Total immune cell numbers peaked at day 3 ($P < 0.001$) (Fig. 4). These early infiltrating immune cells at day 3 were typically neutrophils, as evidenced by polymorphonuclear Giemsa staining (data not shown). Very few Langerhans dendritic cells, normally present in the epidermis, were seen in the regenerating region until day 17 or 25, presumably when the regenerated epidermis is sufficiently integrated ($P = 0.028$). Because of intense immune cell infiltration during inflammation and in the wound healing response, exact roles for immune cells were difficult to discern; however, the correlation of macrophage infiltration with lymphangiogenesis at later times supports the prospective role of macrophages in lymphangiogenesis.

In conclusion, this study of lymphangiogenesis in regenerating skin provides new insight into adult lymphatic regeneration in a physiologically relevant environment and correlates potential contributing factors, such as MMPs and immune cells, to this process. We showed that migrating LECs populate the regenerating region in the direction of interstitial fluid flow and then grow together in a vasculogenesis-like fashion to form a new interconnected network of lymphatic vessels. Also, we demonstrated that interstitial flow is necessary for the organization of LECs into a functional network, whereas MMP-9 was not. Among the factors examined, the timing of MMP-2 and macrophages was more closely correlated to the late infiltration of LECs in the regenerating region, whereas basement membrane begins to develop only after the lymphatic structures have organized into functional vessels.
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